

SCHEME OF WORK



	Strand – Personal and Social Development Skills				Employability and Enterprise Skills				Strand: Career Management Skills			
	Future Skills	Lesson Plans	Top line objectives	Activities	Future Skills	Lesson Plans	Top line objectives	Activities	Future Skills	Lesson Plans	Top line Objectives	Activities
Phase 1	Emotional and Social Intelligence	Building Positive Relationships	To develop interpersonal skills and promote positive relationships among peers.	<p>EL3: Benefits of Positive Relationships</p> <p>EL4: Effective Communication Skills</p> <p>EL5: Building Trust</p> <p>EL6: The Circle of Trust</p> <p>EL7: Ideas and reflections on building trust in relationships</p> <p>EL8: Team-building Activity/Problem-Solving</p> <p>EL9: Conflict Resolution Strategies</p>	Problem Solving and Critical Thinking	Introduction to Future Skills	To develop students' Problem Solving and Critical Thinking skills by introducing them to the concept of Future Skills and their relevance to employability.	<p>EL3: Presenting Future Skills</p> <p>EL4: Future Skills Matching</p> <p>EL5: Future Skills Update</p> <p>EL6: Future Skills Matching Game</p> <p>EL7: Future Skills Reflection</p> <p>EL8: Applying Future Skills</p> <p>EL9: Future Skills Race</p> <p>EL10: Future Skills Analysis</p> <p>EL11: Future Skills Application</p>	Managing Change	Early Career Development (GBM 3, GBM 4)	To understand why early career development is important.	<p>EL3: What do I know about 'careers'?</p> <p>EL4: Career Decisions board game, understanding what's helpful and what are the challenges</p> <p>EL5: What do I know about 'careers'?</p> <p>EL6: Career decisions: when and what?</p> <p>EL7: Looking forward to the career programme</p> <p>EL8: What do I know about 'careers'?</p> <p>EL9: When and what career decisions will you make?</p> <p>EL10: Understanding Career Management</p>
	Emotional and Social Intelligence	Self-Discovery and Identity	To encourage self-reflection and exploration of personal values and identity.	<p>EL3: Personal Values</p> <p>EL4: Skills, Interests, and Aspirations</p> <p>EL5: Creating a Personal Identity Map</p> <p>EL6: Identifying Personal Values and Reflection</p> <p>EL7: Reflecting on Skills, Interests, and Aspirations</p> <p>EL8: Creating a Reflection of Personal Identity</p> <p>EL9: Skills, Interests, and Values Inventory</p> <p>EL10: Embracing our Uniqueness</p> <p>EL11: Promoting Self-Confidence</p>	Teamwork and Collaborating	Recognising and Using Future Skills	To support students to recognise and identify Future Skills use in everyday life.	<p>EL3: Mapping Future Skill</p> <p>EL4: Future Skills Mapping</p> <p>EL5: Future Skills Reflection</p> <p>EL6: Building a Toolbox</p> <p>EL7: Homework and Time Management Challenge</p> <p>EL8: The Lost and Found Challenge</p>	Problem Solving and Critical Thinking	Understanding the World of Work (GBM 4)	To explore the concept of a job, a career and working.	<p>EL3: What is a job, career and work?</p> <p>EL4: Types of jobs</p> <p>EL5: Good things about working</p> <p>EL6: Describing a job, career and work</p> <p>EL7: Diagram exploring a role</p> <p>EL8: Good things about working</p> <p>EL9: Understanding Terminology</p> <p>EL10: Mind map jobs</p> <p>EL11: Good Things About Working card set</p> <p>EL12: Job Families card set</p>
	Digital Literacy	Online Digital Etiquette	To promote responsible online behaviour and develop digital skills.	<p>EL3: Responsible Online Behaviour and Etiquette</p> <p>EL4: Creating Guidelines for Responsible Online Behaviour</p> <p>EL5: Responsible Online Behaviour Etiquette</p> <p>EL6: Creating a Personal Online Pledge</p> <p>EL7: Responsible Online Behaviour and Etiquette</p> <p>EL8: Online Etiquette</p> <p>EL9: Real-Life Scenarios Analysis</p>	Problem Solving and Critical Thinking	Exploring Creative Thinking	To introduce the concept of entrepreneurship and develop creative thinking skills.	<p>EL3: Creative Storytelling</p> <p>EL4: Improving Creative Problem Solving</p> <p>EL5: Creative Drawing</p> <p>EL6: 'What's in the Box' Enquiry Question</p> <p>EL7: Creative Problem-Solving Scenarios</p> <p>EL8: Creative Problems</p> <p>EL9: Divergent and Convergent Thinking</p> <p>EL10: Creative Problem-Solving Challenge</p>	Emotional and Social Intelligence	Early Career Influences (GBM 3, GBM 5)	To define the concept of career influences and role models and understand the extent to which these are helpful.	<p>EL3: Exploring influences</p> <p>EL4: Positive influences reflection</p> <p>EL5: Exploring influences</p> <p>EL6: Affects of influences</p> <p>EL7: Understanding influences</p> <p>EL8: Positive influences</p> <p>EL9: Affect of influences on decision making</p> <p>EL10: All levels: Guest Speaker: questions and reflections</p> <p>EL11: If you could meet anyone you wanted to, who would it be?</p>
	Emotional and Social Intelligence	Diversity and Inclusion	To increase understanding of diverse cultures and promote inclusivity.	<p>EL3: Cultural Diversity and Inclusion</p> <p>EL4: Cultural Appreciation Activity</p> <p>EL5: Sharing and Reflection</p> <p>EL6: Cultural Diversity and Inclusion</p> <p>EL7: Cultural Appreciation Activity</p> <p>EL8: Sharing and Reflection</p> <p>EL9: Cultural Diversity and Inclusion</p> <p>EL10: Cultural Appreciation Activity</p>	Problem Solving and Critical Thinking	Building Problem Solving and Critical Thinking	To develop problem-solving and critical thinking skills.	<p>EL3: Problem Scenarios</p> <p>EL4: Analysing Information</p> <p>EL5: Real-Life Problem Solving</p> <p>EL6: Problem Solving Scenarios</p> <p>EL7: What's in the Box?</p> <p>EL8: Decision-Making Dilemma</p> <p>EL9: Problem Solving Toolbox</p> <p>EL10: Critical Thinking Analysis</p> <p>EL11: Real-World Problem-Solving Challenge</p>	Teamwork and Collaborating	Importance of Career Planning (GBM 3, GBM 4, GBM 5)	To understand the importance of career planning.	<p>EL3: Planning in everyday life</p> <p>EL4: Support needed</p> <p>EL5: Successful planning for tomorrow</p> <p>EL6: Planning in everyday life</p> <p>EL7: What is career planning?</p> <p>EL8: Planning in everyday life</p> <p>EL9: Career Planning</p> <p>EL10: Consequences of planning</p> <p>EL11: Working with others plan an activity or event</p>
Phase 2	Emotional and Social Intelligence	Emotions and Well-being	To cultivate emotional intelligence skills and promote well-being strategies.	<p>EL3: Strategies for Managing Emotions</p> <p>EL4: Self-Care and Well-being</p> <p>EL5: Emotional Intelligence Survey</p> <p>EL6: Identifying Basic Emotions</p> <p>EL7: Self-Regulation Techniques</p> <p>EL8: Mood Meter Reflection</p> <p>EL9: Identifying Emotions</p> <p>EL10: Self-Regulation Techniques</p> <p>EL11: Personal Action Plan for Emotional Well-being</p>	Problem Solving and Critical Thinking	Understanding Future Skills	To develop the ability to identify and recognise Future Skills, enabling students to apply these skills in a work place context.	<p>EL3: Future Skills Mind maps</p> <p>EL4: Problem Solving Scenario</p> <p>EL5: Critical Thinking Reflection</p> <p>EL6: Identifying Future Skills</p> <p>EL7: Problem Solving and Critical Thinking Challenge</p> <p>EL8: Teamwork and Collaboration</p> <p>EL9: Work Environment Analysis</p> <p>EL10: Complex Workplace Scenarios</p> <p>EL11: Managing Change and Technological Adaptability Simulation</p>	Emotional and Social Intelligence	Early Career Dreams and Aspirations	To explore early career dreams and aspirations.	<p>EL3: Your dreams and aspirations</p> <p>EL4: Dream Catchers</p> <p>EL5: Dreams and aspirations vision boards</p> <p>EL6: Dreams and aspirations of others</p> <p>EL7: Aspirations Collage</p> <p>EL8: Action Planning to Achieve their dreams and aspirations</p>
	Stress Tolerance	Building Confidence and Self Esteem	To build confidence and self-esteem. To improve personal development and positive self-image.	<p>EL3: Understanding Confidence and Self-Esteem</p> <p>EL4: Strategies for Building Confidence and Self-Esteem</p> <p>EL5: Promoting a Positive Self-Regulation</p> <p>EL6: Understanding Confidence and Self-Esteem</p> <p>EL7: Strategies for Building Confidence and Self-Esteem</p> <p>EL8: Embedding Stress Tolerance Skills</p> <p>EL9: Understanding Confidence and Self-Esteem</p> <p>EL10: Strategies for Building Confidence and Self-Esteem</p> <p>EL11: Embedding Stress Tolerance Skills</p>	Teamwork and Collaborating	Collaboration and Communication (GBM 2, GBM 4, GBM 5)	To develop effective collaboration and communication skills, enabling students to work efficiently and constructively in teams.	<p>EL3: Career Information Scavenger Hunt</p> <p>EL4: Interviewing a Professional</p> <p>EL5: Developing Professional Skills</p> <p>EL6: Career Research Stations</p> <p>EL7: Guest Speaker or Virtual Interview</p> <p>EL8: Career Information Collation</p> <p>EL9: Source Showdown</p> <p>EL10: Career Information Presentation</p>	Emotional and Social Intelligence	Creating Your CICOA Profile	To understand how core interests relate to different career characteristics.	<p>EL3: Creating and understanding the CICOA profile</p> <p>EL4: Developing personal reflection and curiosity</p> <p>EL5: Linking the CICOA profile to hobbies and activities</p> <p>EL6: Developing an awareness that others have different profiles</p> <p>EL7: Creating and understanding the CICOA profile</p> <p>EL8: Linking the CICOA profile to hobbies and activities</p> <p>EL9: Checking understanding CICOA quiz</p> <p>EL10: Demonstrating an awareness that others have different profiles</p> <p>EL11: Creating and understanding the CICOA profile</p> <p>EL12: Linking the CICOA profile to hobbies and activities</p> <p>EL13: Identifying ways to demonstrate core characteristics</p> <p>EL14: Understanding that others have different profiles and the impact of this on career planning</p> <p>EL15: Talentino CICOA profiling app</p>
	Stress Tolerance	Emotional Challenges	To explore emotion recognition and strategies for coping with emotional challenges. Self-regulation.	<p>EL3: Recognising Basic Emotions</p> <p>EL4: Strategies for Managing Emotional Challenges</p> <p>EL5: Self-Expression and Self-Regulation</p> <p>EL6: Recognising Basic Emotions</p> <p>EL7: Strategies for Managing Emotional Challenges</p> <p>EL8: Self-Expression and Self-Regulation</p> <p>EL9: Identifying Emotional Challenges</p> <p>EL10: Strategies for Managing Emotional Challenges</p> <p>EL11: Applying Stress Tolerance Skills</p>	Teamwork and Collaborating	Exploring Workplace Skills and Professionalism	To explore essential workplace skills and professionalism, preparing students for future employment opportunities.	<p>EL3: Professionalism Case Studies</p> <p>EL4: Professional Communication Practice</p> <p>EL5: Workplace Skills Self-Assessment</p> <p>EL6: Skill Superheroes</p> <p>EL7: Collaborative Puzzle Challenge</p> <p>EL8: Collaborative Project Planning</p> <p>EL9: Teamwork Obstacle Course</p>	Digital Literacy	CICOA Career Families (GBM 2)	To understand Career Families.	<p>EL3: Develop an understanding of Career Families and jobs within the Career Families</p> <p>EL4: Creative representation of a Career Family</p> <p>EL5: Research and develop an understanding Career Families and examples of jobs within the Career Families</p> <p>EL6: Research and understand Career Families</p> <p>EL7: Identify jobs within the Career Families</p> <p>EL8: Present their findings to peer</p> <p>EL9: Talentino CICOA profiling app</p> <p>EL10: CICOA Career Families Booklet</p> <p>EL11: Job Families card set</p> <p>EL12: Good Things About Working card set</p>
	Managing Change	Adaptability: Preparing for Change	To develop skills to address adaptability and prepare for change.	<p>EL3: Understanding Adaptability and Change</p> <p>EL4: Strategies for Managing and Adapting to Change</p> <p>EL5: Flexibility and Positive Mindset Practice</p> <p>EL6: Understanding Adaptability and Change</p> <p>EL7: Strategies for Managing and Adapting to Change</p> <p>EL8: Flexibility and Positive Mindset Practice</p> <p>EL9: Understanding Adaptability and Change</p> <p>EL10: Strategies for Managing and Adapting to Change</p> <p>EL11: Simulated Change Scenario</p>	Networking	Planning to Network (GBM 4)	To develop effective planning and problem-solving strategies applicable to networking scenarios.	<p>EL3: Network Bounce</p> <p>EL4: Networking Game Show</p> <p>EL5: Understanding Networking</p> <p>EL6: Steps of Problem Solving</p> <p>EL7: Speed Networking (Option 1)</p> <p>EL8: Networking Simulation Game (Option 2)</p>	Emotional and Social Intelligence	Your CICOA Profile and CICOA Career Families (GBM 2)	To understand the link between an individual's CICOA profile and CICOA Career Families.	<p>EL3: Self exploration, developing an awareness of the link between the CICOA Profile and Career Families</p> <p>EL4: Self exploration to understand the link between the CICOA Profile and Career Families</p> <p>EL5: Identifying jobs of interest</p> <p>EL6: Self exploration making clear links to the CICOA profile</p> <p>EL7: Career Families</p> <p>EL8: Identifying and researching jobs of interest</p> <p>EL9: Talentino CICOA profiling app</p> <p>EL10: CICOA Career Families Booklet</p> <p>EL11: Job Families card set</p>
Phase 3	Stress Tolerance	Building Resilience	To develop resilience and a growth mindset to overcome challenges and embrace learning opportunities.	<p>EL3: Understanding Resilience and Stress Management</p> <p>EL4: Strategies for Building Resilience and Managing Stress</p> <p>EL5: Stress Management Skill-Building Activities</p> <p>EL6: Understanding Resilience and Stress Tolerance</p> <p>EL7: Strategies for Building Resilience and Stress Tolerance</p> <p>EL8: Stress Tolerance Skill-Building Activities</p> <p>EL9: Understanding Resilience and Stress Tolerance</p> <p>EL10: Creative Resilience-Building Activities</p> <p>EL11: Mindful Movement Break</p>	Emotional and Social Intelligence	Work Values and Culture (GBM 4)	To explore work values and organisational culture, aligning personal values with work environments.	<p>EL3: Work Values Discussion</p> <p>EL4: Organisational Culture Analysis</p> <p>EL5: Personal Values Reflection</p> <p>EL6: Identifying Work Values</p> <p>EL7: Evaluating Organisational Culture</p> <p>EL8: Role-Playing Workplace Cultures</p> <p>EL9: Exploring Work Values</p> <p>EL10: Cultural Immersion Experience</p> <p>EL11: Design Your Ideal Workplace Culture</p>	Emotional and Social Intelligence	Career Influences (GBM 4, GBM 5)	To understand the validity and relevance of various influences on early career choices.	<p>EL3: Exploring who and what influences them</p> <p>EL4: Understanding how these influences affect career decisions</p> <p>EL5: Developing an understanding of influences of early career choices</p> <p>EL6: Positive and negative influences</p> <p>EL7: Understanding the concept of influences and how this affects early career decisions</p> <p>EL8: Positive and negative influences with relation to early career decisions</p> <p>EL9: All levels: Guest Speaker: questions and reflections</p>
	Stress Tolerance	Stress Management	To manage effective stress management techniques and resilience-building strategies.	<p>EL3: Understanding Stress and Its Effects</p> <p>EL4: Strategies for Basic Stress Management</p> <p>EL5: Calming Corner Creation</p> <p>EL6: Understanding Stress and Its Effects</p> <p>EL7: Stress-Busting Dance Party</p> <p>EL8: Guided Visualisation</p> <p>EL9: Understanding Stress and Its Effects</p> <p>EL10: Stress-Relief Sculptures</p> <p>EL11: Practising Stress Tolerance</p>	Problem Solving and Critical Thinking	Problem Solving and Critical Thinking in the Workplace (GBM 4)	To enhance critical thinking skills and problem-solving abilities for real-world applications.	<p>EL3: Problem-Solving Steps</p> <p>EL4: Critical Thinking Reflection</p> <p>EL5: In the Workplace Challenge</p> <p>EL6: Steps of Problem Solving</p> <p>EL7: Benefits of Problem-Solving and Critical Thinking</p> <p>EL8: Solving Workplace Scenarios</p> <p>EL9: Analysis of Problem-Solving Steps</p> <p>EL10: Justification of the Significance</p> <p>EL11: Application of Advanced Skills</p>	Problem Solving and Critical Thinking	Career Influences and Stereotyping (GBM 4, GBM 5)	To understand the influence of stereotypes on early career choices.	<p>EL3: Exploring Different Careers Stereotypes</p> <p>EL4: Understanding Stereotypes</p> <p>EL5: Creating Positive Messages</p> <p>EL6: Impact of Stereotypes on Career Choices</p> <p>EL7: Breaking Stereotypes</p> <p>EL8: Impact of Stereotypes on Career Choices</p> <p>EL9: All levels: Guest Speaker: questions and reflections</p> <p>EL10: Job Families card set</p>
	Teamwork and Collaborating	Collaborating Effectively	To enhance teamwork skills and promote effective collaboration in group settings.	<p>EL3: Understanding Collaboration</p> <p>EL4: Building Basic Collaboration Skills</p> <p>EL5: Collaborative Project</p> <p>EL6: Understanding Collaboration</p> <p>EL7: Puzzle Building Challenge</p> <p>EL8: Collaborative Reflection Cards</p> <p>EL9: Understanding Effective Collaboration</p> <p>EL10: Strategies for Successful Collaboration</p> <p>EL11: Collaborative Project</p>	Stress Tolerance	Conflict Resolution	To develop effective communication skills for conflict resolution in a constructive and respectful manner.	<p>EL3: Types of Conflicts</p> <p>EL4: Conflict Resolution Strategies</p> <p>EL5: Effective Communication and Stress Tolerance Workshop</p> <p>EL6: Causes and Triggers of Conflicts</p> <p>EL7: Effective Communication and Stress Tolerance Workshop</p> <p>EL8: Applying Conflict Resolution Strategies</p> <p>EL9: Conflict Analysis</p> <p>EL10: Effective Communication and Stress Tolerance Workshop</p> <p>EL11: Conflict Resolution Project</p>	Managing Change	Making Qualification Choices (GBM 2, GBM 3, GBM 4, GBM 7, GBM 8)	To align qualification choices to individual CICOA profiles and notional career goals.	<p>EL3: Exploring Notional Career goals and qualifications</p> <p>EL4: Linking what drives and inspires them to making informed qualification choices</p> <p>EL5: Explore Notional Career goals and qualifications</p> <p>EL6: Reflect on and understand qualification choices and individual CICOA profiles</p> <p>EL7: Research Notional Career goals and qualifications</p> <p>EL8: Pathways/Options Poster</p> <p>EL9: Talentino CICOA profiling app</p> <p>EL10: Career Families research tool kit</p>
	Digital Literacy	Personal Online Presence	To develop an understanding of the positive and negative impact of a personal online presence.	<p>EL3: Exploring Personal Online Presence</p> <p>EL4: Strategies for Managing Personal Online Presence</p> <p>EL5: Introduction to Digital Literacy Skills</p> <p>EL6: Strategies for Responsible Online Presence</p> <p>EL7: Building Digital Literacy Skills for Online Presence</p> <p>EL8: Creating a Digital Citizenship Skills</p> <p>EL9: Understanding Personal Online Presence</p> <p>EL10: Managing Personal Online Presence</p> <p>EL11: Digital Literacy Skills for Evaluating Online Presence</p>	Problem Solving and Critical Thinking	Personal Branding: Your Work Identity (GBM 4)	To be able to define, describe and explain the concept of a work identity.	<p>EL3: Components of Work Identity</p> <p>EL4: Reflecting on Personal Skills</p> <p>EL5: Components of Work Identity Evaluation</p> <p>EL6: Importance of Work Identity Analysis</p> <p>EL7: Reflecting and Communicating Work Identity</p> <p>EL8: Component Exploration</p> <p>EL9: Importance Reflection</p> <p>EL10: Personal Brand Strategy Development</p> <p>EL11: Career Journal Personal Brand exercise</p>	Networking	Exploring Work Experience (GBM 2, GBM 4, GBM 5)	To understand the relevance and importance of work experience.	<p>EL3: Understanding what work experience is and how this can help to inform career decisions</p> <p>EL4: Explore areas of interest</p> <p>EL5: Exploring the value of work experience</p> <p>EL6: Exploring how using networks is one way to find work experience</p> <p>EL7: Understanding the value and importance of work experience and how this informs their career decisions</p> <p>EL8: Planning the first steps to finding work experience</p> <p>EL9: Identifying their networking opportunities</p> <p>EL10: Developing research skills to find relevant work experience opportunities</p> <p>EL11: Good Things About Working card set</p>
Phase 4	Emotional and Social Intelligence	Presenting Your Best Self	To develop the ability to present themselves effectively.	<p>EL3: Understanding Self-Presentation</p> <p>EL4: Self-Introduction and Self-Presentation</p> <p>EL5: Self-Presentation Practice</p> <p>EL6: Change Inclusive Attitudes</p> <p>EL7: Discussion and Reflection</p> <p>EL8: Understanding Emotional and Social Intelligence</p> <p>EL9: Developing Emotional Intelligence Skills</p> <p>EL10: Enhancing Social Intelligence Skills</p>	Emotional and Social Intelligence	Diversity in the Workplace (GBM 4)	To develop students' understanding of the value of diversity in the workplace and inclusive attitudes and behaviours.	<p>EL3: Exploring Diversity: Value of Diversity</p> <p>EL4: Creating an Inclusive Workplace Poster</p> <p>EL5: Appreciating Workplace Diversity</p> <p>EL6: Exploring Aspects of Diversity: Creating a Diversity Collage</p> <p>EL7: Understanding the Benefits of Workplace Diversity</p> <p>EL8: Developing Emotional and Social Intelligence Skills</p> <p>EL9: Promoting Inclusivity and Collaboration</p>	Digital Literacy	Writing a CV (GBM 3, GBM 4, GBM 7)	To understand the importance of and produce a good CV	<p>EL3: Revising a good CV</p> <p>EL4: Creating a CV</p> <p>EL5: Recognising a Good / Bad CV</p> <p>EL6: Creating a CV and recognising how the CICOA profile can inform the information</p> <p>EL7: What evidence do you need to support your CV?</p> <p>EL8: Analysing good and bad CVs</p> <p>EL9: Exploring and deciding on a CV design</p> <p>EL10: Creating a CV</p> <p>EL11: Exploring their CICOA profile to help inform their CV</p> <p>EL12: Evidencing a CV</p> <p>EL13: Talentino CICOA profiling app</p>
	Problem Solving and Critical Thinking	Lifestyle Influences	To develop an understanding of the various factors that influence lifestyle choices and their impact on personal well-being and overall health.	<p>EL3: Discussion and Recognition</p> <p>EL4: Personal Preferences and Reflection</p> <p>EL5: Group Activity: Lifestyle Influences</p> <p>EL6: Group Presentations and Discussion</p> <p>EL7: Application and Reflection</p> <p>EL8: Exploring Lifestyle Influences</p> <p>EL9: Problem-Solving Strategies for Lifestyle Challenges</p> <p>EL10: Critical Thinking for Informed Decision Making</p> <p>EL11: Transitions card set</p>	Technological Adaptability	Technology in the Workplace (GBM 4)	To explore the role of technology in the workplace and how technological advancements impact work roles.	<p>EL3: Basic Technological Skills</p> <p>EL4: Adapting to New Technologies</p> <p>EL5: Proficiency in Workplace Technologies</p> <p>EL6: Applying Technological Skills</p> <p>EL7: Problem-Solving Technological Challenges</p> <p>EL8: Exploring Workplace Technologies</p> <p>EL9: Technological Adaptability Skills</p> <p>EL10: Workplace Technology Solutions</p>	Managing Change	Planning for Work Experience (GBM 2, GBM 3, GBM 4)	To be able to identify relevant work experience opportunities.	<p>EL3: Understanding the value of work experience</p> <p>EL4: Exploring relevant work experience opportunities</p> <p>EL5: Identifying relevant work experience and the process of securing it</p> <p>EL6: Exploring relevant work experience</p> <p>EL7: Understanding where and how to find work experience</p> <p>EL8: Analysing alternative opportunities</p> <p>EL9: Exploring networks and opportunities</p> <p>EL10: Talentino Career Families tool kit</p>
	Managing Change	Flexibility: Learning to adapt	To develop further understanding of the need for flexibility.	<p>EL3: Understanding Responses to Change</p> <p>EL4: Personal Reflection Activity: Strategies for Adaptation</p> <p>EL5: Flexibility Scenarios</p> <p>EL6: Reflection and Discussion - Personal Challenges</p> <p>EL7: Practical Strategies - Flexibility Toolbox</p> <p>EL8: Peer Mentorship Program</p> <p>EL9: Transition Exploration</p> <p>EL10: Change Collage</p> <p>EL11: Transitions card set</p>	Problem Solving and Critical Thinking	Financial Literacy	To develop financial literacy skills and promote responsible money management habits.	<p>EL3: Exploring Financial Concepts</p> <p>EL4: Importance of Budgeting and Saving</p> <p>EL5: Money Management Skills</p> <p>EL6: Basic Financial Concept</p> <p>EL7: Importance of Budgeting and Saving</p> <p>EL8: Money Management Skills</p> <p>EL9: Exploring Complex Financial Concepts</p> <p>EL10: Significance of Budgeting and Saving</p> <p>EL11: Applying Advanced Money Management Skills</p> <p>EL12: Transitions card set</p>	Networking	Preparing for Work Experience (GBM 2, GBM 4, GBM 5)	To develop an understanding of how to have a successful work experience.	<p>EL3: Identifying areas of support before and during work experience</p> <p>EL4: Preparing for work experience</p> <p>EL5: Identifying areas of support from employers/Identify areas of concern for work experience</p> <p>EL6: Defining and understanding top tips from business</p> <p>EL7: Evaluating how to make the most of work experience</p> <p>EL8: All levels: using networks and ideas to support others to find work experience</p>
	Emotional and Social Intelligence	Understanding Preferred Learning Styles	To be able to identify and explain different learning styles, to develop understanding of their preferred way of learning	<p>EL3: Learning Styles Questionnaire: Visual Aid Exploration</p> <p>EL4: Identifying Learning Styles</p> <p>EL5: Influences on Learning Styles</p> <p>EL6: Problem-Solving Scenarios</p> <p>EL7: Applying Emotional and Social Intelligence to Preferred Learning Styles</p> <p>EL8: Collaborative Learning Style Stations</p> <p>EL9: Transitions card set</p>	Problem Solving and Critical Thinking	Employer Expectation (GBM 4)	To critically analyse the expectations and realities of different professions.	<p>EL3: Basic Workplace Expectations</p> <p>EL4: Teamwork and Communication Skills</p> <p>EL5: Problem-Solving Scenarios</p> <p>EL6: Identifying Employer Expectations</p> <p>EL7: Workplace Dynamics and Employer Expectations</p> <p>EL8: Problem-Solving Scenarios</p> <p>EL9: Decoding Core Competencies and Leadership Qualities</p> <p>EL10: Crafting Innovative Strategies for Career Success</p> <p>EL11: Job Families card set</p>	Problem Solving and Critical Thinking	Exploring Interview Skills (GBM 3, GBM 4)	To understand key questions and skills needed for a good interview.	<p>EL3: Practising answering questions about themselves</p> <p>EL4: Considering questions an employer may ask</p> <p>EL5: L1: Considering and practicing questions that may be asked at an interview</p> <p>EL6: L2: Understanding the type of questions an employer might ask</p> <p>EL7: Exploring competency based questions</p> <p>EL8: All levels: Practice answering questions</p>
Phase 5	Stress Tolerance	Managing Stress and Increasing Resilience	To equip students with effective strategies for managing stress, promoting their well-being and academic success.	<p>EL3: Stress Ball Squeeze</p> <p>EL4: Expressive Art</p> <p>EL5: Relaxation Music</p> <p>EL6: Stress and Resilience Reflection</p> <p>EL7: Discussion and Strategy Sharing</p> <p>EL8: Application and Action Plan</p> <p>EL9: Stress and Resilience Reflection</p> <p>EL10: Discussion and Strategy Sharing</p>	Networking	Professional Communication (GBM 4)	To develop understanding and application of workplace etiquette, with a focus on professional communication skills.	<p>EL3: Workplace Etiquette and Professional Communication</p> <p>EL4: Demonstrating Professional Communication Skills</p> <p>EL5: Applying Workplace Etiquette</p> <p>EL6: Workplace Scenarios and Communication Skills</p> <p>EL7: Role-Play Practice</p> <p>EL8: Networking Challenge</p> <p>EL9: Workplace Etiquette and Professional Communication</p> <p>EL10: Demonstrating Professional Communication Skills</p> <p>EL11: Applying Advanced Networking Strategies</p>	Managing Change	Post 16 and 18 Options (GBM 2, GBM 3, GBM 4)	To understand Post 16 and 18 Options	<p>EL3: Consider Post 16 Options</p> <p>EL4: Exploration of Post 16 and 18 Options</p> <p>EL5: Extensive exploration of Post 16 and 18 Options</p> <p>EL6: Attend Post 16 and 18 Option events</p> <p>EL7: All levels: Preparation for Careers Advisor meeting</p> <p>EL8: Research and consider the most appropriate open events, career fairs to attend</p> <p>EL9: Pathways/Options Poster</p>
	Managing Change	Adapting to Transitions and Embracing Change	To develop the ability to adapt to transitions and embrace change effectively during periods of transition.	<p>EL3: Transition Collage</p> <p>EL4: Change Dance</p> <p>EL5: Transition Reflection</p> <p>EL6: Activity: Transition Scenarios</p> <p>EL7: Group Discussion and Sharing</p> <p>EL8: Reflection and Action Planning</p> <p>EL9: Transition Scenarios</p> <p>EL10: Group Discussion and Sharing</p> <p>EL11: Reflection and Action Planning</p> <p>EL12: Transitions card set</p> <p>EL13: Pathways/Options Poster</p>	Digital Literacy	Analysing Trends and Presenting Data (GBM 4)	To be able to collate, order and present data to inform others and analyse trends.	<p>EL3: Digital Data Organisers</p> <p>EL4: Data Visualisation</p> <p>EL5: Collecting and Organising Workplace-Related Data</p> <p>EL6: Analysing Data and Identifying Trends for Future Employment</p> <p>EL7: Creating Visual Presentations for Future Employment Contexts</p> <p>EL8: Collecting and Organising Workplace-Related Data</p> <p>EL9: Analysing Data and Identifying Trends</p> <p>EL10: Creating Engaging Visual Presentations for Future Employment Contexts</p>	Problem Solving and Critical Thinking	Preparing for an Interview (GBM 4)	To be ready to take part in a mock interview	<p>EL3: Updating and Building your CV</p> <p>EL4: Interview Bingo</p> <p>EL5: Mock Interview preparation</p> <p>EL6: Develop their CV</p> <p>EL7: Understand and prepare for an interview</p> <p>EL8: CV Makeover Challenge</p> <p>EL9: Mock Interview Marathon</p>
	Networking	Strengthening Professional Networking Relationships	To enhance students' skills strengthening professional networking relationships, to effectively connect with others.	<p>EL3: Networking Bingo</p> <p>EL4: Elevate Pitch Workshop</p> <p>EL5: Mock Networking Event</p> <p>EL6: Networking Strategies</p> <p>EL7: Role-Playing and Application</p> <p>EL8: Discussion and Reflection</p> <p>EL9: L2: Networking Strategies</p> <p>EL10: Role-Playing and Application</p> <p>EL11: Discussion and Reflection</p>	Networking	Networking Skills (GBM 2, GBM 4)	To develop and enhance professional networking skills, to build meaningful connections, and expand professional networks.	<p>EL3: Networking Icebreaker</p> <p>EL4: Elevate Pitch Workshop</p> <p>EL5: Strategies to Build Professional Networks</p> <p>EL6: Understanding the Importance of Networking</p> <p>EL7: Developing Effective Networking Communication Skills</p> <p>EL8: Applying Strategies to Expand Professional Networks</p> <p>EL9: L2: Recognising the Value of Networking</p> <p>EL10: Developing Effective Networking Communication Skills</p> <p>EL11: Applying Strategies to Expand Professional Networks</p>	Stress Tolerance	Mock Interviews (GBM 4, GBM 5)	To take part in a mock interview	<p>EL3: Prepare and take part in a mock interview with professional/business take away points</p> <p>EL4: Reflective account</p>
	Teamwork and Collaborating	My Journey (Workshop for Y9)	To work collaboratively with their peers, and to reflect on their journey.	<p>EL3: Collaborative Discussion of Personal Journeys</p> <p></p>								